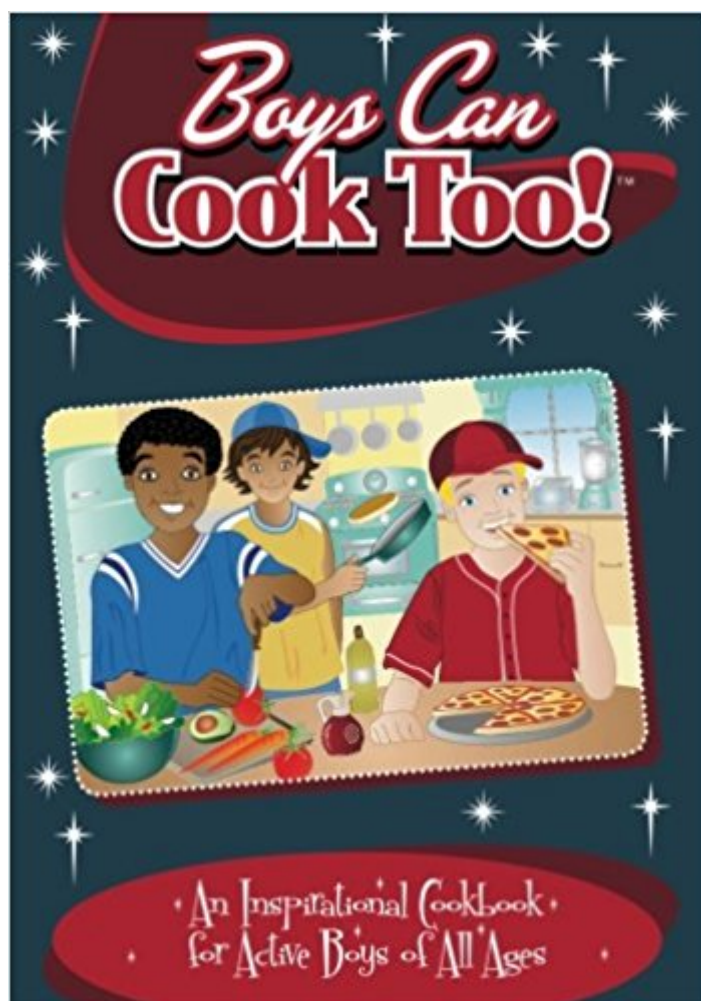


The book was found

Boys Can Cook Too!: An Inspirational Cookbook For Active Boys Of All Ages



Synopsis

Do you enjoy eating home-made food? Do you wish you knew how to cook, but don't know where to begin? Many boys think that only girls can cook. Boys Can Cook Too! Did you know that the most famous chefs in the world are men? Men who undoubtedly were active and played sports just like you when they were young. All the recipes in this book are super kid-friendly, easy to make, and very delicious. Every recipe was tested and tasted by boys just like you. These boys are very active but now they have time to spend in the kitchen too. Boys Can Cook Too! will give you a rookie's understanding of cooking and baking, allowing you to follow and understand recipes with simple, step-by step instructions. Of course, our hope is that this book will inspire you to try more challenging recipes, upping your game and expanding your taste. With lots of practice and many wins (and some losses), you will eventually become an all star chef and more importantly, "Eat like a Champion! Now, Let the Fun Begin!

Book Information

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Customer Reviews

Kelly Lambrakis is an editor, writer and a health food enthusiast. She is a widow and has three young boys, living in Southern California. She has always loved spending time in the kitchen. Her mother taught her how to cook at a very young age. As a little girl, they loved making favorite recipes together, including homemade treats for family and friends to enjoy. Years later, she continued that tradition, making it a priority to include her children in the kitchen, like her mother did, in hopes that her boys would enjoy cooking too. Kelly is the author of the popular Boys Can Cook Too! and the Cooking with Kids series of cookbooks. With her passion for healthy eating, she believes that it's not difficult or time consuming to eat clean, healthy foods, and to teach

our children to do the same. Her series of Cooking with Kids interactive cookbooks are sold in Paperback and in Kindle format in hopes that many adults and children will easily access quick and healthy recipes that anyone can make. Her most recent cookbooks range from healthy quick snacks, allergy sensitive recipes, including easy soups, lunchbox favorites, and 5 ingredient healthy meals that the whole family can enjoy, even during busy, active schedules.

I bought this book for my 4th grade nephew for Christmas this year with the hope that it would help him understand the wonder of science in the kitchen. I was pleased to notice that it was on the kitchen counter, looking well used in just a couple months. I asked if he enjoyed the book and was told that he has an easy time following the recipes and is becoming a frequent cook in the family kitchen. Great book to encourage exploration in the kitchen.

I wanted a cookbook with a sports theme. One that had some sports trivia as well as good recipes that boys can follow and one that gave some good rules of the kitchen to follow to be safe. This book seems to meet all my criteria

Gave this cookbook to my grandson for Christmas. Easy to follow directions, nice graphics. He has yet to begin cooking, however, he enjoyed reading the copy. In this technological age, I may have had more of an impact had I ordered the online version!

I got this for my nephew's 12th birthday. He has thoroughly enjoyed making the recipes in this book and cooked dinner for his family several times now. If you need a basic cookbook for a young cook, I would recommend this one.

My 11 year old grandson really loves it.

It's wonderful. I purchased it for my grandson. He loves it. He's out of state, so I haven't tasted his cornbread, but his mom says it's delicious.

My son loves this book. The recipes are easy and it usually has ingredients we have at home.

My son loves it. He says it is really cool. The pictures are easy to follow. He loves, loves, loves, loves cooking and this book has inspired him.

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